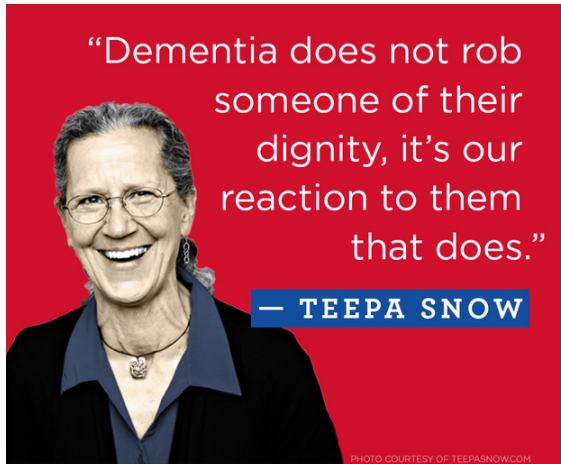


# Changing Caregivers into Care Partners



If dementia is impacting your life or the life of a friend or family member, Citizens Who Care for the Elderly is offering a day-long opportunity to **learn new understanding and approaches from Teepa Snow's nationally recognized Positive Approaches to Brain Change (PAC) Training.**

PAC's philosophy for living well with dementia focuses on the interpersonal dynamics of coping with a changing brain. Most education models teach the WHAT of dementia including mostly facts and information. PAC takes it a step further and teaches the HOW to live in relationship with a changing brain.

**FREE Seminar!  
Open to the Public**

Hosted by:



Sponsored by:

**Biberstein Social Action Fund**

Hallmark Inn Davis, Yolo Hospice,  
First Northern Bank, Yolo Adult Day Health

**September 7 ■ 9 am - 4 pm**

Davis Community Church  
Fellowship Hall  
412 C St. ■ Davis



An experienced workshop leader, personally trained by Teepa on relational approach and hands-on skill techniques, will provide foundational information related to dementia.

#### TOPICS INCLUDE:

- What dementia is, what it is not
- What happens when someone lives with it
- Interpersonal skills needed to improve communication
- How to cope with caregiver stress

Community resource information will be available. Downtown Davis parking passes provided with your reservation.

**TO RESERVE YOUR SEAT:**  
**[citizenswhocare@omsoft.com](mailto:citizenswhocare@omsoft.com)**  
**or call 530-758-3704**

*(Participants are welcome to attend the full day or part day.)*